**Abstract**

**ENHANCING RESILIENCE: INTEGRATING INDIGENOUS KNOWLEDGE FOR HIMALAYAN COMMUNITIES IN DISASTER MANAGEMENT**

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**Introduction:**

Communities in the Himalayas have historically relied on indigenous knowledge to navigate the challenges presented by natural disasters. In light of the escalating frequency and severity of such events, there is a growing imperative to integrate this wealth of traditional wisdom into modern disaster management frameworks. This research endeavors to explore and implement strategies that enhance resilience in Himalayan communities by incorporating their indigenous knowledge into disaster management practices.

The research employs a case study approach, aiming to bridge the gap between indigenous wisdom and formal disaster management strategies. Through extensive engagement with local communities, including in-depth interviews and participatory observations, the study seeks to identify specific methodologies for seamlessly integrating indigenous knowledge. The ultimate goal is to develop practical mechanisms that strengthen community resilience in the face of disasters.

This research is crucial in addressing the disparity between traditional knowledge and contemporary disaster management approaches. By recognizing, preserving, and incorporating the unique insights and practices of Himalayan communities, the study advocates for a more comprehensive and culturally sensitive disaster management paradigm. The findings aspire to inform policymakers, researchers, and practitioners, emphasizing the significance of embracing indigenous knowledge for sustainable and effective disaster resilience strategies in the Himalayan region. The research contributes to a more inclusive and community-driven approach, fostering a synergistic relationship between traditional wisdom and modern practices.

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